

# VICE STUDIOS 'TIME TO DIE' FILM

*Filmed over 5 years in the Netherlands, Australia, the US, Canada, Ireland and the UK, VICE Studio's long-awaited documentary about Exit International will have its advance screening in LONDON on Wednesday 17 July.*

Directed by Yonni Usiskin and Matt Shea, 'Time to Die' documents the stories of unique individuals; three who are members of Exit and one who was a reader of the *Peaceful Pill eHandbook*.

The feature-length film follows the stories of Professor Avril Henry (UK), Chris Nolan (UK) and Adam Maier-Clayton (Canada). Each person uses the information of the *Handbook* to establish their end of life choices.

As the film's synopsis states:

*'Time To Die' follows four people, all on a mission to end their own lives. Some are old and in pain; others are young but terminally ill; others are dealing with mental health issues and feel that their life is intolerable. All have become "members" of Exit*

*International, an underground organisation that gives advice on how to achieve a peaceful death, including details on lethal drugs and guidance on how to source and administer them, even if it means breaking the law.*

*But such activity can be tracked by authorities. Interpol intercepts 'members' messages, leading to armed police raids on private homes in search of these drugs. As the arguments on an individual's right to choose the time and manner of*

### IN THIS ISSUE

- 1-2 VICE - Time to Die Documentary
- 3 Disrupting Death Workshops
- 4 Victoria Enacts Law
- 4 100+ Safeguards & Counting
- 5 Exitorial
- 6 Sarco @ Venice Design 2019
- 7 Sean Davison enters Plea Deal
- 7 Miriam's Dead Good Adventure
- 8 PPeH Rebreather Update
- 8 Amsterdam Livestreams



Vice: 'Time To Die' Documentary, London advance screening, 17 July 019

## VICE - 'TIME TO DIE' CONT

*their demise rage on, 'Time To Die' explores the highly charged issue of assisted dying and assisted suicide and brings to light important questions on both sides of this debate. There are no easy answers (Film Trailer is at: <http://bit.ly/youtubeTTD>)*

'Time to Die' has already won 'best film' at the Fragments Film Festival in London in June. On 17 July, the advance screening will be followed by a panel discussion with VICE News' Hind Hassan, Time To Die's co-directors Yonni Usiskin and Matt Shea, contributor Chris Nolan and Dr Philip Nitschke.

Details are still being confirmed as to screening dates and distribution outside the UK which is important given the international cast who feature in this documentary.

The production crew of 'Time to Die' were given unprecedented access, not only to the Exit membership but to Philip's Nitschke's day-to-day life and work. Philip says that 'working with Vice for such a long period of time was a leap of faith'. He is pleased that the documentary tracks the shift of the debate away from the privileged medical model towards seeing end of life choices as a fundamental human right which should be available to all adults with decision-making capacity, even young people such as Adam Maier-Clayton.

As a result of the relationship, Vice has shared many seminal moments with Exit: from the day when Philip burned his medical license at a press conference in Darwin, to various workshops in London, Dublin and beyond, to Philip's 'Dicing with Dr Death' comedy show at the Edinburgh Fringe in 2015 and the printing of Sarco in 2019. Vice were there when Professor Henry's door was smashed down by the Exeter police late one night. They were there with Adam Maier Clayton's father on the night that Adam ended his life alone. They were there with Chris Nolan throughout his chemo treatment and in his reflective moments with his family.

'Time to Die' is a film of exceptional breadth and relevance. Neither a polemic nor entirely objective, the documentary provokes the viewer into reaction, to show how complicated and complicating the challenge of a self-chosen good death can be.

Exit invites members and friends to the advance screening. Upon registration, Exit Members attend free, but registration is essential & closes Monday 15 July, **CLICK <http://bit.ly/TTDtickets>**. The cost of public tickets is £3.77, **CLICK <http://bit.ly/vicetimetodie>**

**DATE: 6.30pm, Wednesday 17 July 2019**

**VENUE: Rio Cinema, 107 Kingsland High St, E8 2PB**

**VICE TRAILER: <http://bit.ly/youtubeTTD>**



*From L2r: Co-director Matt Shea, Exit Member Chris Nolan, Producer Katie Engelbart, Co-director Yonni Usiskin & Philip Nitschke*

# DISRUPTING DEATH - WORKSHOPS

With a focus on non-medical options for a peaceful and reliable death, Exit's forthcoming 'Disrupting Death' workshop tour in Australia (& London) will provide members with updates on a range of issues critical to being able to make informed decisions about life (and death), including the new analytical testing procedures for the lethal salts.

The notion of 'Disruption Innovation' was coined by Clayton M. Christensen 1995 to refer to the disruption that occurs to that which is established when one seeks to create something new.

Where access to a good death are concerned, the DIY approach *is* disruptive innovation. While establishing one's own peaceful and reliable options can be done alongside legislative change, the point is that one need not wait for law reform, nor be wedged by it (by not having the correct or acceptable list of ailments which would allow one to qualify to use such a law), to have choice, control and autonomy over one's end.

Exit is pleased to announce a new short film that explains Exit's disrupting of death. 'Disrupting Death' was shot at Exit's Sydney workshop in late 2018 which was attended by over 350 Exit members, friends and family.

## 'Disrupting Death' New Film by Exit International

Watch now at: <https://vimeo.com/345291400>



*Why Dying Well is a Fundamental Human Right Film*

## Gold Coast

12 noon – 4pm @ Thursday, 25 July 2019  
Robina Community Centre

## Sydney

11am – 3.30pm @ Thursday, 1 August 2019  
Ryde-Eastwood Leagues Club, West Ryde

## Melbourne

11am – 4pm @ Saturday, 3 August 2019  
Oakleigh Hall, 142 Drummond St, Oakleigh

## Canberra

11am – 4pm @ Wednesday, 7 August 2019  
Eastlake Football Club, 3 Oxley St, Griffith

## Adelaide

11am – 3pm @ Saturday, 10 August 2019  
Fullarton Centre, 411 Fullarton Rd, Fullarton

## Perth

10am – 3pm @ Tuesday, 13 August 2019  
The Boulevard Centre, 99 The Boulevard, Floreat

## Darwin - NOTE new meeting

10am – 1pm @ Friday, 16 August 2019  
Nightcliff Community Centre

## London UK - NOTE new meeting

2 – 5pm @ Sunday, 27 October 2019  
Dragon Hall, 17 Stukeley St, WC2B 5LT (Holborn)

## REGISTRATIONS & NEED TO KNOW:

Online Registrations (NEW) are now open at:  
<http://bit.ly/exitworkshops2019>

Or by phone: 1300 10 3948 (Aus) or 07883 509 765 (UK)  
Email: [register@exitinternational.net](mailto:register@exitinternational.net)

- *Afternoon/ morning tea will be served at all meetings.*
- *Please note entry is restricted to Exit Members & Subscribers to the PPeH who are over 50 years, of sound mind. People who are seriously ill and who are members may attend regardless of age. Others on application.*
- *Exit members attend Free.*
- *PPeH Subscribers \$55 (inc gst). Public \$110 (inc gst).*

## VICTORIA AUSTRALIA ENACTS LAW

In late June 2019, the new *Victorian Voluntary Assisted Dying Act* finally came into being.

Prided by the politicians responsible for its passage as the 'most conservative law in the world', and unable to be changed for the first 5 years, in all reality the new law will be of use to only a few Victorians.

While knowing such a law exists should be of immense comfort, the caution of those who crafted the law remains an impediment. This is because the vast majority of people who are seriously ill and who will be interested in getting help to die will not be able to, such is the strictness of the criteria and the number of so-called safeguards that have been built in.

That said, while some will say that a conservative law is better than no law at all, there are others such as US Law Professor, Susan Stefan, (*Rational Suicide Irrational Laws*,

Oxford University Press) who maintains that once you let doctors into the dying equation, you will never get rid of them, begging the question of whose interests are most at stake and why?



*Victoria has become the first State following the Northern Territory to enact a right to die law - Voluntary Assisted Dying Act*

## 100+ 'SAFEGUARDS' & COUNTING

Ever since the Voluntary Assisted Dying Bill was first brought before the Parliament, politicians supportive of a person's right to an assisted death proudly proclaimed that their law was the toughest law on earth. (For a while there Exit thought that Melbourne was sounding distinctly Northern Territory-like).

The politicians claimed, and the media reported, that the Victorian law contained no less than 68 safeguards. Exit has since analysed the Act (as it was passed and is now law) and identified more than 100 possible safeguards.

While many stipulations are well known, such as 'must live in Victoria', 'must be over 18', 'must be going to die in < 6 months', 'the 9-day cooling off period' etc etc, there are others that are less known. And it is these 'safeguards' that are embedded deep in the legislation that may trip many people up.

Aside from the VAD Permit itself (that final certificate issued by the Head of the Victorian Department of Health), there are eight separate pieces of paperwork that must be exactly completed by a successful applicant and that person's two doctors and one contact person.

This bureaucracy is breathtaking.

And then there are issues such as the fact that the doctor is not allowed to raise the issue with a patient. In the alternative, if the patient raises the issue, the doctor is allowed to opt out: leaving the person possibly offended and even stranded at such a vulnerable time in their lives.

And what about your family? While a person is allowed to withhold permission, with permission the doctors will be required to inform a family of 'all relevant clinical guidelines' as well as a 'plan in respect of the self-administration of a voluntary assisted dying substance'.

This analysis aside, the Act makes much of the presumption that a person's decision-making capacity is a given. So why does the Act then break down the legal test of capacity into a set of mandatory criteria? This sleight of hand should be exposed for what it is and what it represents: a blunt and deeply paternalistic instrument of the State that disrespects personal autonomy and control. Exit's full Blog analysis is at: <http://bit.ly/VADblog>

# EXITORIAL

## *e-Deliverance*

### DISRUPTING DEATH WORKSHOP TOUR

I am very much looking forward to coming home to present the 2019 national Exit workshop tour. With the new law in Victoria, possible developments in WA and a Parliamentary inquiry in Queensland it seems the time is ripe to get back and get talking.

While Exit has always welcomed progress on the legislative front, ensuring that a good death is recognised as a fundamental human right is about much more than allowing a small, tightly controlled group of very sick people to get their doctors to help them on their way.

At Exit workshops we will be explaining this concept and presenting ways in which a good death becomes something that every rational adult has in their power to enact, should the need arise. After all, in Victoria, those who are lucky enough to qualify for a Voluntary Assisted Dying 'Permit' (yes, this is the specification of the Act), will not even be issued with the best euthanasia drug, Nembutal.

Rather, the terminally ill Victorian will use the ingredients of a multi-drug combination similar to that used in many US States. Note - the only reason Nembutal was abandoned in the US is because drug companies no longer supply it because of its use in capital punishment. When it is available, the price of Nembutal in the US/ Canada has become so expensive that it is out of reach of ordinary folk.

In Australia, these factors do not exist, yet Nembutal will still not be used in Victoria which raises the question of why put yourself through endless paperwork and bureaucracy to get your 'Death Permit' when you will get second-rate drugs?

At the 2019 Exit Workshops we will examine the other lawful alternatives that exist for seriously ill people: alternatives that are peaceful, reliable and which don't involve the sanction of two medical professionals, one contact person and the Secretary of the Victorian Department of Health!

While in Australia, I am pleased to be speaking at two other events that may be of member interest. Firstly, I will be addressing the Creative Careers in Medicine conference on the Gold Coast on Sunday 4 August.

In mid August, I will address the Global Health Conference of the Australian Medical Students Association in Sydney.

### SARCO DEVELOPMENTS

Sarco Cocreator Alex Bannink is hard at work in Haarlem in the Netherlands on detailed drawings for the design of the second Sarco. Already the shape will be significantly altered to allow the end-user to be more upright with a better visual vantage point.

Sarco 2.0 is due to be completed at the end of October with its use expected in Switzerland soon after.



*Sarco @ Venice Design 2019*

### CONGRATULATIONS SEAN DAVISON

On behalf of everyone at Exit, I would like to say how pleased I was to hear about the plea deal made by Sean Davison in response to the three murder charges he was facing. For a while it seemed that the South African State was out to make an example of him as a person who helped three sick and/or disabled people to suicide. With each charge carrying a mandatory life sentence, the price could not have been higher. We are very relieved that Sean will now be able to 'resume' his life (he was sentenced to three years home detention) with his wife and kids.

### EXIT ON THE BIG & LITTLE SCREENS

This month sees the long-awaited preview of the Vice documentary on Exit, titled 'Time to Die'. Exit has also released a short film of our own explaining the Human Rights model of a good death. They are both the 'real deal'!

*Philip Nitschke*

## SEAN DAVISON ENTERS PLEA DEAL

It was with incredible relief that Exit learned that our good friend, Kiwi/ South African, Sean Davison, had made a plea-deal with the South African prosecutor, agreeing to plead guilty to the murders of three seriously ill/ disabled fellow South Africans.

Instead of facing the possibility of three life sentences in one of the world's toughest jails, Sean was sentenced to three years of home detention in Cape Town, although he is still allowed to go to work at the University (he is a forensic scientist). He must wear a tracking bracelet.

As Sean says on the website of Dignity SA (the organisation he founded), the past nine months (since Dignity SA hosted the World Federation conference in Cape Town last October), have been 'harrowing'. Exit can fully understand and applauds Sean and his legal team for their commonsense approach and

success in resolving the matter. We have no doubt that Sean and his entire family are very much relieved at the outcome.



*Sean Davison speaking at Exit's 20th Anniversary conference  
State Library of Victoria, September 2017  
(with Reverend Bill Crews (l) & Cath Ringwood (r))*

## MIRIAM'S DEAD GOOD ADVENTURE

In October 2018, Exit was pleased to take part in the latest TV series by much-admired, British stage and TV actor, Miriam Margolyes, titled: 'Miriam's Dead Good Adventure' and which screened on BBC2 in April 2019.

Miriam and her crew came to Amsterdam to film the Sarco in production and attend a chapter meeting. She was also treated to a trip with Philip on his motorbike.

**The BBC press link is at:**

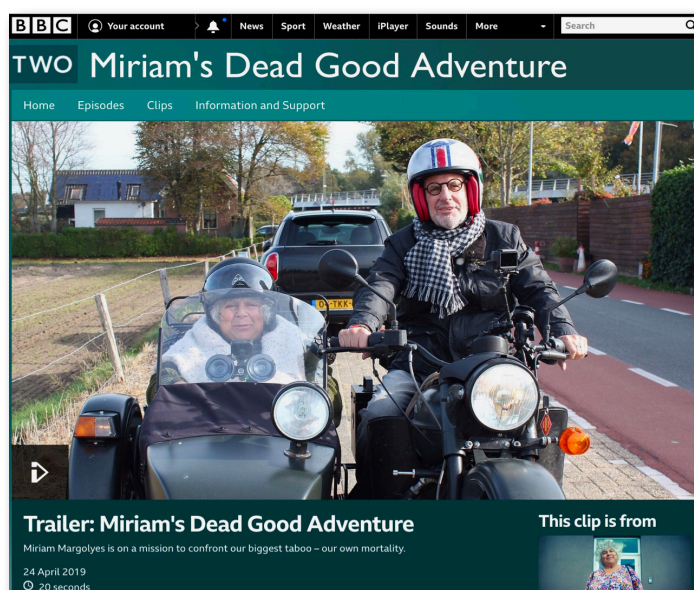
<https://www.bbc.co.uk/mediacentre/proginfo/2019/18/miriams-dead-good-adventure>

**The BBC Trailer is at:**

<https://www.bbc.co.uk/programmes/p0779c56>

**The Independent says it is ... at:** <https://inews.co.uk/culture/television/miriams-dead-good-adventure-miriam-margolyes-bbc-two-when-time-death/>

Unfortunately, Exit is unable to locate the 2-part series on the Internet at the current time. However, we will make enquiries to the production company and let members know how they may view the two episodes if they missed them.



*Miriam Margolyes in the side car of Philip Nitschke's Ural motorcycle  
Bloemendaal, The Netherlands, October 2018*

# SARCO @ VENICE DESIGN

**SARCO IS ON DISPLAY AT PALAZZO MICHIEL UNTIL 24 NOV 2019**

After a very busy few months 3D-printing, the first full-size, fully 3D-printed Sarco is on display at Venice Design (until 24 November 2019). Co-created by Philip Nitschke & Dutch industrial engineer, Alex Bannink, Sarco is the ultimate disrupter of death and dying.

By daring to suggest that the death experience might be one that can be undertaken with style, elegance and even euphoria (as created by a hypoxic environment), Sarco represents a hitherto unconsidered way of thinking about how we will pass out of this world.

For these reasons, it is rather important that Sarco's first exposure to the world is as a piece of art. Sarco is an installation. But this does not stop future Sarco's from being used as intended. Sarco 2.0 is now in design production in Haarlem in the Netherlands with a due completion date of October 2019. Exit will continue to report Sarco news in our Email Newsletter.



*Sarco @ Palazzo Michiel, Venice Design 2019*



*Venice Design @ Palazzo Michiel, Grand Canal, Venice*



*Trying out the Sarco for comfort & style*



*Opening Night, 9 May 2019*

**Sarco Website: <http://www.sarco.design>**

## PPEH RE-BREATHER UPDATE JULY 2019

Exit is pleased to say that the long-awaited Rebreather - Debreather update to the Peaceful Pill eHandbook is almost complete and will be published July-August 2019 (not 30 June as previously advertised).

Shown initially at NuTech in Toronto Canada in October 2017, the Rebreather is now entering production and will, we hope, shortly be available for global distribution.

The reason for the delay is associated with the device's production in China. The manufacturer expects significant orders. Exit understands that mass production is the only way that the Rebreather - Debreather will be able to meet expectations. The research and development required to take the prototype (which Exit has examined) to a mass-produced safety device is taking longer than expected. Exit will report on Rebreather progress as soon as it comes to light.



*Re-breather - De-breather device*

## AMSTERDAM LIVESTREAM - SAT 6 JULY

On Saturday 6 July, Exit will be holding our second, free Livestream from Amsterdam at 14:00 EST (European Summer Time) at the OBA Public Library (near Amsterdam Central Station).

Topics to be covered in the Livestream will be the gases (as well as new news on the Lethal Salts, including availability, testing & potentiation).

As readers may have noticed, the registration process is a little different this time around. Subscribers to the *Peaceful Pill eHandbook* will be able to automatically view the livestream on page 481 from within their edition of the *Peaceful Pill eHandbook* by logging in as usual.

For Exit members who do not have the PPeH, registrations are now open at: <http://bit.ly/exitlivestream>



Attendance in person is welcome for Exit members & PPeH subscribers (over 50 years & of sound mind).

**Where:** Oosterdokskade 143, Amsterdam, NH 1011 DL

**When:** Saturday 6 July 2019

**Time:** 14.00 - 16.00 Amsterdam time



Exit International, PO Box 37781 Darwin, Northern Territory 0821 Australia

[contact@exitinternational.net](mailto:contact@exitinternational.net)

1300 10 3948 (EXIT) Ph outside Aust: +61 (0)2 8005 1197

Fax: +61(0)2 8905 9249

[www.exitinternational.net](http://www.exitinternational.net)